



The Labor Progress Handbook: Early Interventions to Prevent and Treat Dystocia

Penny Simkin, Ruth Ancheta, Lisa Hanson

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Praise for the previous edition:

“This...edition is timely, useful, well organized, and should be in the bags of all doulas, nurses, midwives, physicians, and students involved in childbirth.” – *Journal of Midwifery and Women’s Health*

The Labor Progress Handbook: Early Interventions to Prevent and Treat Dystocia is an unparalleled resource on simple, non-invasive interventions to prevent or treat difficult or prolonged labor. Thoroughly updated and highly illustrated, the book shows how to tailor one’s care to the suspected etiology of the problem, using the least complex interventions first, followed by more complex interventions if necessary.

This new edition now includes a new chapter on reducing dystocia in labors with epidurals, new material on the microbiome, as well as information on new counselling approaches specially designed for midwives to assist those who have had traumatic childbirths.

Fully referenced and full of practical instructions throughout, *The Labor Progress Handbook* continues to be an indispensable guide for novices and experts alike who will benefit from its concise and accessible content.

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