



The Supernatural Kids Cookbook - Haile's Favorites

Nancy Mehagian, Haile Thomas

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Culinary sorceress Nancy Mehagian teams with TedKids sensation Haile Thomas to create a special collection of kid friendly "supernatural" recipes. Exciting and innovative, this cookbook introduces mindful eating to junior chefs with healthy, tasty and easy to prepare foods. Kids will learn about food groups, basic prep, kitchen equipment and how to create healthy snacks and meals the whole family will enjoy, including: baked bananas, curried sweet carrots, baked apples, vegetable pudding and Mexiquinoa Salad. Nancy Mehagian teaches gourmet cooking classes and has been a health care practitioner in Los Angeles for over thirty-five years. She opened the first vegetarian restaurant in Ibiza and is the author of the award-winning culinary memoir "Siren's Feast, An Edible Odyssey." Haile Thomas is the host of "Kids Can Cook" and has collaborated with chef Alice Waters to create healthy menus for children at Hyatt Hotels. She sits on the Youth Advisory Board for the Alliance for a Healthier Generation, was a Food Network "Kids Cook Off" contestant and was a featured speaker at the 2013 Sages and Scientists Symposium. She introduced First Lady Michelle Obama at the Kids State Dinner at the White House, has cooked alongside Chelsea Clinton on the Rachael Ray Show and has appeared on the Today show to promote healthy eating for kids of all ages.

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Christopher Barnes:

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Rachel Garber:

The actual book The Supernatural Kids Cookbook - Haile's Favorites will bring someone to the new experience of reading a book. The author style to elucidate the idea is very unique. In case you try to find new book to read, this book very acceptable to you. The book The Supernatural Kids Cookbook - Haile's Favorites is much recommended to you to read. You can also get the e-book from your official web site, so you can quickly to read the book.

Nicholas Gober:

Playing with family in a park, coming to see the coastal world or hanging out with good friends is thing that usually you have done when you have spare time, and then why you don't try thing that really opposite from that. Just one activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love The Supernatural Kids Cookbook - Haile's Favorites, you can enjoy both. It is very good combination right, you still desire to miss it? What kind of hangout type is it? Oh can happen its mind hangout people. What? Still don't get it, oh come on its known as reading friends.

Jennifer Johnson:

What is your hobby? Have you heard in which question when you got learners? We believe that that query was given by teacher on their students. Many kinds of hobby, Every person has different hobby. And you also know that little person such as reading or as examining become their hobby. You need to understand that reading is very important and book as to be the issue. Book is important thing to add you knowledge, except your teacher or lecturer. You see good news or update about something by book. Amount types of books that can you decide to try be your object. One of them is this The Supernatural Kids Cookbook - Haile's Favorites.

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