



# Building Champions: A Small-Group Counseling Curriculum for Boys

*Carol Miller*

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## **Building Champions: A Small-Group Counseling Curriculum for Boys** Carol Miller

A fun-filled game plan to help boys of upper elementary and middle-school age build trust, respect, and peer connections, *Building Champions* covers the topics boys most want and need to become better friends, classmates, and citizens. This new Research Press book provides numerous hands-on and interactive experiences to maintain group members interest and allow them to practice targeted skills while learning. Eight group lessons cover the following topics:

Introduction to Building Champions

Breaking a Sweat (Goal Setting)

In the Huddle (Integrity and Respect)

Hands In (Relationships)

Game Time (Leadership and Teamwork)

Sitting on the Bench (Self-Control)

The Last Play (Confidence)

Shake Hands, Game Over (Being a Good Sport) A CD included with the book provides reproducible items, including lesson exit slips, student handouts, and program organization and progress tracking forms.

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People live in this new moment of lifestyle always make an effort to and must have the free time or they will get wide range of stress from both daily life and work. So , when we ask do people have time, we will say absolutely without a doubt. People is human not really a huge robot. Then we ask again, what kind of activity are there when the spare time coming to you actually of course your answer may unlimited right. Then ever try this one, reading textbooks. It can be your alternative inside spending your spare time, the particular book you have read is actually Building Champions: A Small-Group Counseling Curriculum for Boys.

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Playing with family in a very park, coming to see the ocean world or hanging out with good friends is thing that usually you have done when you have spare time, after that why you don't try factor that really opposite from that. One particular activity that make you not experience tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love Building Champions: A Small-Group Counseling Curriculum for Boys, you may enjoy both. It is fine combination right, you still want to miss it? What kind of hangout type is it? Oh can occur its mind hangout fellas. What? Still don't obtain it, oh come on its identified as reading friends.

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