

# For Women Who Do Too Much Page-A-Day Calendar 2017

Anne Wilson Schaef



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This is the perennially bestselling calendar that women rely on year after year. It's a pillar of support and a source of wisdom and empathy; it's like a good friend who always knows just the right thing to say. On each page is a nugget of advice to help you slow down and not get lost in the busy-ness of daily life. Learn to listen unconditionally. Retain a sense of humor. Make a list of things that inspire you. Find a balance between "working" and "living." Plus: revisiting the wisdom of our ancestors, signs you are doing too much, and quotes from powerful women: *You must learn to be still in the midst of activity, and to be vibrantly alive in repose.*—Indira Gandhi

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