



## Is My Child Hyperactive? (Penguin health books)

*Jo Douglas*

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## **Is My Child Hyperactive? (Penguin health books)** Jo Douglas

Following on from "My Child won't Sleep" and "Coping with Young Children", the book is directed at parents and attempts to answer their questions and concerns about the problems of living with an overactive child and how to cope in everyday life. The emphasis is on the younger child and there are chapters on hyperactivity, can babies be hyperactive?, is my toddler hyperactive?, how to live and manage with a hyperactive child?, can diet and medication help and what does the future hold?

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