



Eat For Your Gut (Eat For Your Condition) (Volume 1)

Dr. Nicole Rivera

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Feel empowered in your kitchen to start taking control of your health and heal your gastrointestinal symptoms. Dr. Nicole Rivera, D.C. is a Functional Medicine Physician, Foodie, and Healthcare Innovator. Dr. Nicole practices in Belmar, NJ where she helps people get to the root cause of their symptoms to not only get well but to STAY well. Her mission is to evolve health care by educating people and physicians on how to use food to heal their bodies and eliminate chronic illness.

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