

Adult Coloring Journal: Survivors of Incest Anonymous (Butterfly Illustrations, Pastel Elegance)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.



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From reader reviews:

Eden Davis:

Exactly why? Because this Adult Coloring Journal: Survivors of Incest Anonymous (Butterfly Illustrations, Pastel Elegance) is an unordinary book that the inside of the guide waiting for you to snap this but latter it will surprise you with the secret the idea inside. Reading this book alongside it was fantastic author who else write the book in such remarkable way makes the content inside easier to understand, entertaining way but still convey the meaning completely. So , it is good for you for not hesitating having this anymore or you going to regret it. This book will give you a lot of gains than the other book get such as help improving your proficiency and your critical thinking approach. So , still want to hesitate having that book? If I ended up you I will go to the reserve store hurriedly.

Myrtle Brown:

That publication can make you to feel relax. This particular book Adult Coloring Journal: Survivors of Incest Anonymous (Butterfly Illustrations, Pastel Elegance) was colourful and of course has pictures on the website. As we know that book Adult Coloring Journal: Survivors of Incest Anonymous (Butterfly Illustrations, Pastel Elegance) has many kinds or variety. Start from kids until youngsters. For example Naruto or Private eye Conan you can read and feel that you are the character on there. Therefore not at all of book usually are make you bored, any it offers you feel happy, fun and chill out. Try to choose the best book for yourself and try to like reading which.

Wanda Jacobsen:

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