



**Crystals, Colour & Chakra: Healing and Harmony
for Body, Spirit and Home: Learn to harness the
transforming power of natural energies with
practical ... over 1000 stunning photographs and
artworks**

Gill Hale, Josephine De Winter, Simon Lilly, Susan Lilly, Stella Martin

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This unique compendium reveals how the vital energies of nature can be harnessed to enhance your emotional peace of mind, your physical health, happiness, well-being, and even living environment. It features in-depth analysis of the power and qualities of over 60 individual crystals, with guidance on which stones to use. It includes advice on how to use the vibrational energies of colour, and how to harness the power of the chakras. Use this book to bring mental, spiritual and emotional harmony into your life.

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