



Global Gourmet: A Multicultural Cookbook

Kathleen Bart

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A collection of traditional menus from twelve regions of the world, this richly illustrated, colourful book provides 60 easy-to-follow recipes for chefs of all ages. Organised by region, this book takes you on a journey through the kitchens of the world, and teaches you to prepare authentic ethnic meals from a Sunset Supper on the African Savannah to an Italian Sunday afternoon dinner to a Mexican Fiesta. Far more than just a cookbook, this is a multicultural guide to foods, celebrations and traditions. Informative sidebars provide the cooks and their guests with more than just a meal. Tap your feet to the rhythm of traditional Greek Folk Dancing. Journey to Japan to discover the mystique of the ancient tea ceremony. Marvel at the merriment of Germany's Oktoberfest. Perfect for family kitchen adventures as well as classroom cooking projects, Global Gourmet offers a sampling of food from around the world that is sure to satisfy, no matter what your taste.

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