



# **Aging With Humor and Grace: A Hilarious Woman's Guide Using Funny Stories and Embarrassing Moments as Milestones in Life's Journey**

*Andrea Partee*

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In the first of Partee's funny books for women, the award winning *Aging with Humor and Grace* could be described as a combination of Erma Bombeck and Chicken Soup for the Soul. Written especially for women over 40, more than middle aged women have found this book to be a delightfully funny read about change.

While she certainly talks about discovering new wrinkles and personally experiencing the law of gravity, there is more. Embarrassing moments abound whether she's falling off her high heels in front of her ex-husband's wife at a wedding, managing to ride a bicycle after a 50 year break or discovering her happy trail has split and grown in abundance south of its prior location.

Her funny stories include how to conquer restless leg syndrome; the challenges of running, playing tennis and trampoline jumping after years of being a desk jockey with the closest thing to cardio being a daily walk to the mailbox.

You will find this humorous book isn't just about aging but about life's cup always being at least half full, no matter what the challenge. Partee's entertaining anecdotes will make you laugh whether she's describing the application of eye makeup with glasses on or what to do with that extra chin.

You'll find funny short stories about parenting, family and relationships. All this is topped off with a few fears and phobias which add to this funny story like the cherry on top of an ice cream sundae.

Andrea's authentic, honest and often hilarious sense of humor is like listening to your best friend (or wishing you had one like this) over a cup of freshly brewed coffee in the kitchen or a glass of wine outside on a summer evening.

Enjoy.

Scroll up and click the "look inside" feature or buy this treasure now.

### **Full Review from Readers Favorite**

If you are looking for an inspirational book about gracefully coping with the less than appealing aspects of aging, Andrea Partee's "Aging with Humor and Grace" isn't that tale. Instead Partee provides hilarious insight into the pitfalls of aging in a self-deprecating way to which we can all relate...or will eventually be able to relate. You don't have to be a woman of a certain age to enjoy her witty, and often embarrassing take on wayward hair growth, bodily functions, pregnancy and child-rearing among dozens of other frighteningly funny topics.

Partee's book is aptly named because she deals with embarrassment, insecurity and tragedy with both humor and grace. Subtly touting the grace that comes from the ability to laugh at oneself, "Aging with Humor and Grace" is a refreshing take on a genre typically focused on how to reverse the clock and make your fifty year old bum look twenty again. Written in a fast-paced, acerbic manner, this book allows women to laugh about the inevitability of aging in an effort to accept what comes. Instead of pretending as though she has found the secret to aging gracefully, Partee simply provides her funny take on the things we are often afraid to talk about in public. When the time comes for you to cope with the hazards of aging, skip the self-help section and pass by the plastic surgeon's guide to aging gracefully and go straight to the humor section where Partee will happily guide you down the road to aging gracefully and hilariously.

- - Natasha Jackson for Readers' Favorite

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