



Homemade Beauty: 150 Simple Beauty Recipes Made from All-Natural Ingredients

Annie Strole

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150 all-natural skin, hair and body care recipes that are inexpensive, toxin-free, and easy for readers to make themselves.

Homemade Beauty is a beautifully packaged collection of 150 all-natural skin, hair and body care recipes. From turning blueberries into a lush detoxifying mask to fresh lemongrass into a non-toxic bug repellent, *Homemade Beauty* takes the ubiquitous eat-local, farm-to-table concept and brings it to the beauty category.

As reports on the dangers of chemicals in cosmetics become increasingly alarming and the aspiration to live a more natural life grows, many of us are eager to take beauty regimens into our own hands to ensure we are putting only the safest and most natural ingredients on our bodies. Commercially available organic beauty products are expensive, but they are easy and cheaper to make at home and most require 5 simple ingredients or less. Recipes like Almond Rose Body Lotion, Coconut Lavender Shampoo, and Brown Sugar Vanilla Scrub will enchant you with heady scents – and thrill you when you realize these pampering products take only 5 minutes to make!

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