



What Every Mental Health Professional Needs to Know About Sex, Second Edition

Stephanie, PsyD, CST-S Buehler

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The second edition of this acclaimed guide to understanding sexuality and working with clients on sexuality issues is extensively updated to reflect recent scientific, practical, and social developments in the field. It provides updated information on relevant disorders in the *DSM-5*, new theoretical approaches, new pharmacological treatments, updated information on STDs, new understandings of transgender individuals, the impact of same-sex marriage laws, controversies over sex addiction, and much more. Chapters are enhanced with the addition of new take-away points, additional worksheets, and a glossary.

Distinguished by an easy-to-read, down-to-earth approach, the text provides plentiful information, tools, and exercises to increase the confidence and comfort of both trainee and experienced mental health professionals treating sexual issues. Based on the premise that the therapist must be comfortable with his or her own sexuality in order to provide effective treatment, the book discusses the characteristics of healthy sexuality for both client and therapist and addresses issues of discomfort that may arise for the therapist.

New to the Second Edition:

- Sexual and other disorders in *DSM-5*
- New understandings of sexual identity and fluidity, including transgender
- Legal status of same-sex marriage
- New pharmacological treatments for sexual issues
- New methods of sexological research
- Updated and expanded coverage of assessment tools
- Mindfulness interventions
- Supplemental Instructor's Manual with quizzes and chapter-by-chapter PowerPoint slides
- Updated Practitioner Resources including informational handouts and illustrations

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Myrtle Brown:

The event that you get from What Every Mental Health Professional Needs to Know About Sex, Second Edition is the more deep you rooting the information that hide inside the words the more you get considering reading it. It doesn't mean that this book is hard to recognise but What Every Mental Health Professional Needs to Know About Sex, Second Edition giving you thrill feeling of reading. The article writer conveys their point in specific way that can be understood simply by anyone who read the idea because the author of this publication is well-known enough. This book also makes your personal vocabulary increase well. So it is easy to understand then can go with you, both in printed or e-book style are available. We advise you for having this What Every Mental Health Professional Needs to Know About Sex, Second Edition instantly.

Pauline Stern:

Information is provisions for individuals to get better life, information today can get by anyone with everywhere. The information can be a information or any news even a problem. What people must be consider if those information which is from the former life are challenging to be find than now could be taking seriously which one is suitable to believe or which one typically the resource are convinced. If you receive the unstable resource then you buy it as your main information you will see huge disadvantage for you. All those possibilities will not happen in you if you take What Every Mental Health Professional Needs to Know About Sex, Second Edition as the daily resource information.

Norma Harrell:

What Every Mental Health Professional Needs to Know About Sex, Second Edition can be one of your beginning books that are good idea. Most of us recommend that straight away because this book has good vocabulary that can increase your knowledge in terminology, easy to understand, bit entertaining but still delivering the information. The article author giving his/her effort that will put every word into pleasure arrangement in writing What Every Mental Health Professional Needs to Know About Sex, Second Edition nevertheless doesn't forget the main place, giving the reader the hottest and based confirm resource info that maybe you can be one among it. This great information can certainly drawn you into brand new stage of crucial contemplating.

Stewart Moore:

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