



Food Plants of Coastal First Peoples (Royal BC Museum Handbooks)

Nancy J. Turner

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In Food Plants of Coastal First Peoples, renowned ethnobotanist Nancy J. Turner describes more than 100 plants traditionally harvested and eaten by coastal aboriginal groups. Each description contains botanical details and a colour photograph to help identify the plant, information on where to find it, and a discussion on traditional methods of harvesting and preparation.

This popular book remains an essential guide for anyone interested in wild edible plants or traditional cultures of First Peoples living on the coast of British Columbia and adjacent areas in Alaska and Washington.



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Mary Jones:

A lot of people always spent their own free time to vacation or even go to the outside with them household or their friend. Were you aware? Many a lot of people spent they free time just watching TV, as well as playing video games all day long. If you would like try to find a new activity that's look different you can read some sort of book. It is really fun for you personally. If you enjoy the book that you just read you can spent all day every day to reading a guide. The book Food Plants of Coastal First Peoples (Royal BC Museum Handbooks) it is very good to read. There are a lot of people that recommended this book. They were enjoying reading this book. If you did not have enough space to bring this book you can buy typically the e-book. You can m0ore effortlessly to read this book out of your smart phone. The price is not to cover but this book possesses high quality.

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