



# Sports Injuries of the Ankle and Foot

*Richard A. Marder, George J. Lian*

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As more internists and family physicians increase their scope to include sports medicine, this book reaches beyond the orthopaedic surgery market to provide a one-source reference for the treatment of both simple and complex sports-related injuries. For ease of use, the book is divided into the various anatomical sections: the forefoot, the midfoot, the hindfoot, the ankle, tendon disorders, and orthotics and braces - each enhanced by rehabilitation procedures and algorithms. It enables the physician to formulate a treatment plan and compare the various surgical and non-surgical options for a variety of injuries including: stress and other fractures, ankle instability, ruptures, sprain, ligament injuries, tendonitis, lesions, and neuropathies. The text is supported by copious illustrations, including 100 line drawings, 99 operative photos and a full-colour 4-page insert.

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