



# Going It Alone: Meeting the Challenges of Being a Single Mom

*Michele Howe*

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## **Going It Alone: Meeting the Challenges of Being a Single Mom** Michele Howe

When the reality of separation, divorce, or widowhood sinks in, encountering life as a single mother can be an overwhelming experience. Share in the stories of other single moms who have faced past hurts, dealt with present fears, and built a future of promise, while they contended with life's everyday pressures. Through the pages of this practical book, Michele Howe offers sensitive, compassionate advice for women who are confronting the challenge of being a single mom. Be encouraged; with God's help, hope and healing are not only possible, but promised.

Topics include: - Helping children cope- Strengthening family identity- Raising a masculine son in a house of females- Caring for children with special needs- Creating balance in every area of life, despite burdensome and exhausting situations- Returning to the workforce

Bonus feature: "Funstarts"

201 Ideas for Enriching Family Fun

Create special family times by trying some of these free and low-cost creative activity ideas. Great for all ages!

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