



## Constructivist, Critical, And Integrative Approaches To Couples Counseling

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Couples counseling is distinct from individual and family therapy and, while ideas from these other formats may be overlapping, applying theoretical concepts to couples has distinctive challenges. *Constructivist, Critical, and Integrative Approaches to Couples Counseling* is unique in that it addresses how to conceptualize various theories around a single case. By discussing only one case, the reader is more readily able to compare and contrast the theoretical ideas of each theory, as well as the pragmatics of techniques. Five theories are discussed around four consistent parts: history, theory of problem formation, theory of problem resolution, and case transcript. This book follows the same format as its companion *Behavioral, Humanistic-Existential, and Psychodynamic Approaches to Couples Counseling*.

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