



# Lola's Ice Creams & Sundaes: Iced Delights for All Seasons

*Morfudd Richards*

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## **Lola's Ice Creams & Sundaes: Iced Delights for All Seasons** Morfudd Richards

Morfudd Richards ran a very popular London restaurant called Lola's. When she closed it in 2004 she bought an ice-cream van and started a business, Lola's on Ice, selling her homemade ice creams. From here springs this mouthwatering book, based on four years' experience of mastering the art of making ice cream and the discovery of a passion. Morfudd shares over 100 sumptuous recipes for ice creams, sorbets, granitas, and sundaes—for use with an ice-cream maker or by hand. She reveals why beetroot is the perfect partner for blackcurrant in a sorbet; how to make the creamiest vanilla ice cream and why your taste buds won't fail to be tantalized by burnt orange caramel or rhubarb crumble ice cream or pea and wasabi sorbet. She also teaches you how to marry flavors to create irresistible sundaes, how to make ices throughout the year using seasonal ingredients, and provides a handy Q&A section to help solve your ice-cream dilemmas. With eye-catching design and stunning color photography throughout, this book is the definitive guide to all things iced and will have you licking your bowl clean to savour every last drop of your delectable desserts.

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