

Pressure Cooker: Pressure Cooker Box Set - Crock Pot Recipes & Pressure Cooker Cookbook (Pressure Cooker Recipes, Crockpot Cookbook, Slow Cooker Recipes)

John Web

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Over 65 Amazing Recipes For The Whole Family

Discover delicious and satisfying Crock Pot recipes that the whole family is sure to enjoy.

Each recipe calls for simple and easy to find ingredients, and beginner to intermediate level cooking skills. Start your day bright eyed and bushy tailed by preparing slow cooked breakfast dishes such as the broccoli and bacon quiche and peanut butter and jelly oatmeal that you can whip up the night before.

Warm up your tummies with savory soups, stews, chowders, and chilis, such as the classic chicken soup and the bacon and corn chowder. For lunches and dinners, you no longer have to spend so much time in the kitchen. All you need to do is throw together the ingredients for your main course. Choose from a variety of slow cooked beef, lamb, pork, poultry and seafood dishes.

Of course, everyone in the family needs to have their everyday serving of vegetables. Stir together a medley of vegetables in your Crock Pot that even the kids will love! Last but not the least, dig your forks into Crock Pot desserts apple bread pudding and carrot cake. Who says you cannot slow cook your sweets?

In addition second book contains simple and easy to prepare recipes cooked using a pressure cooker that the whole family will enjoy.

Pressure-cooked food has a lot of health benefits. For one, the nutrients and flavor of the food are retained. In addition, it is deemed as one of the most energy-efficient methods of cooking. This is because pressure cooking cuts the time required to cook using conventional methods by as much as 70%.

This is ideal for working people who need to rush home from work to prepare freshly cooked meals for the family. What's more, after the dish is done, clean up is a breeze. After all, there is only one pot to clean.

Aside from the recipes, you will also learn various tips on how to get the best results when cooking meals using the pressure cooker. Once you learn the basics, you are ready to experiment and whip up your own recipes based on your particular taste and preferences.

Here is just a few of the amazing recipes inside this book:

- Walnut and Banana Frittata
- Classic Beef Stew
- Easy Barbecue Brisket
- Lamb Shanks
- Mediterranean Style Fish
- Vegetable Curry
- And much, much more...

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Roger Borquez:

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