



# The Healing Garden: Natural Healing for Mind, Body, and Soul

*David Squire*

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# The Healing Garden: Natural Healing for Mind, Body, and Soul

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## **The Healing Garden: Natural Healing for Mind, Body, and Soul** David Squire

Combining gardening with history, folklore, and the concept of natural healing, this unique book is packed with practical ideas and tips on how to create a "healing garden". Squire explores the healing properties of dozens of specific herbs, flowers, fruits and berries, vegetables and nuts, trees, and other plants, and shows readers how to incorporate the healing powers of color, scent, shape, sound, and texture into their garden. 300 color photos & illustrations.

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