



The Great Life Cookbook: Whole Food, Vegan, Gluten-Free Meals for Large Gatherings

Priscilla Timberlake, Lewis Freedman

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A unique, relevant and encouraging guide to preparing seasonal, balanced, whole food, vegan, gluten-free meals. Perfect for community gatherings. This collection of colorful, clear recipes from soup to dessert, serves 20-24, are arranged by the month, and easily scaled down to feed a small family. The apprentice section offers a complete description of the whole foods and preparation techniques used. This hardcover book is printed in full color on 100% recycled paper.

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