



# High Blood Pressure: Your Quick Guide to Understanding and Treatment

*Edward Freingard*

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**High Blood Pressure: Your Quick Guide to Understanding and Treatment** Edward Freingard

**High Blood Pressure: Your Quick Guide to Understanding and Treatment** is a simple and easy-to-read book in which

you'll discover the causes, risk factors and treatment of high blood pressure along with top tips and practical advice including...

Living with High Blood Pressure

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