



# **Plan & Go | Coast to Coast Walk: All you need to know to complete England's premier path from St Bees to Robin Hood's Bay (Plan & Go Hiking)**

*Danielle Fenton, Wayne Fenton*

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**Plan & Go | Coast to Coast Walk** is the ultimate guide to hiking England's iconic 192-mile route from the Cumbrian coast to the North Sea. In a clear and concise manner, the book describes what to expect from a journey on the 'C2C' and provides all the essential planning information to save you time and effort with your own preparations. Supported by step-by-step instructions and first-hand recommendations, you will be well-equipped and feel more confident about completing this memorable English hiking adventure.

*The book provides answers to the following questions (and more):*

- What are the highlights of the C2C?
- How many days will it take me?
- How do I navigate along the route?
- What is the best time to go?
- How do I organize transportation?
- What are my accommodation options?
- Where can I resupply food & drinks?

In addition, **Plan & Go | Coast to Coast Walk** offers practical advice on athletic training, which food to pack and in what quantities, how to select gear and which items work best, as well as various other essentials for the trail. The book further includes different budget options and example hiking itineraries to help you create an itinerary that best suits your personal preferences. The wealth of facts and figures is completed by the entertaining and highly motivating account of the authors' own 19-day Coast to Coast adventure.

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