



The Philosopher's Cookbook

Martin Versfeld

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The Philosopher's Cookbook is about the art of slow cooking, thinking about what you are cooking, and—most importantly—thinking while you are cooking. The art of preparing and eating food is inextricably intertwined with the meaning of life. There is nothing better than preparing, talking about, philosophizing over, and finally partaking in a slow and languorous meal, especially once the the mind set is adopted that making time for something is an expression of love. *The Philosopher's Cookbook* is the manifesto of one of the great minds of today: a cookbook, a philosophical enquiry, and an essay on the human predicament.

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