



The Sparkle Kitchen Cookbook: 72 Gluten-Free & Dairy-Free Recipes for Shining Health and Sustainable Living

Brittany Barton

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The Sparkle Kitchen Cookbook has 72 gluten-free and dairy-free recipes for shining health and sustainable living! Healthy looks different on everyone and there are thousands of diets for thousands of bodies. This cookbook has something for all dietary needs. Anyone will feel good eating these recipes! Every Sparkle Kitchen recipe is: Gluten Free, Dairy Free, Refined Sugar Free, Soy Free, Nut Free, Peanut Free, Seed Free, Corn Free Recipes include: -Fresh Peach & Heirloom Tomato Salad -Crispy Potato Crust Breakfast Casserole -Roasted Brussels Sprouts with Cranberries and Pancetta -Moroccan-Style Stuffed Acorn Squash - Dark Chocolate Mousse

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