



Sweet Potato Recipes

Laura Sommers

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Sweet potatoes are not just a holiday side dish! Although they go great with your Christmas or Thanksgiving feast, they are versatile and flavorful enough to have all year round. As one of the healthiest food, they are bursting with vitamin B6, vitamin D, vitamin C, Iron, magnesium and potassium. The sweet potato is a great source of energy and help quench the sweet tooth in all of us.

Enjoy your sweet potatoes in a variety of dishes with this cookbook bursting with mouth-watering and succulent recipes. There are recipes for the main course, lunch, dinner, breakfast and dessert! This recipe book is here with tons of delicious, mouth-watering sweet potato recipes for you to make and enjoy!

Recipes Include:

- Sweet Potato Soup
- Spicy Sweet Potato Soup
- Sweet Potato Chips
- Whole Wheat Sweet Potato Muffins
- Chicken Sweet Potato Skillet
- Pumpkin and Sweet Potato Soup
- Sweet Potato and Apple Soup
- Spicy Sweet Potato and Coconut Soup
- Sweet Potato Casserole
- Scalloped Sweet Potatoes and Apples
- Kentucky Bourbon Sweet Potatoes
- Onion Roasted Sweet Potatoes
- Cinnamon Roasted Sweet Potatoes
- Chipotle Sweet Potatoes
- Sweet Potato Fusion French Fries
- Tropical Sweet Potato Fries
- Candied Sweet Potatoes
- Praline Sweet Potatoes
- Sweet Potato Souffle
- Sweet Potato Crisp
- Sweet Potato Sausage and Cheese Bake
- Grilled Sweet Potatoes with BBQ Baked Beans and Cilantro Cream
- Sweet Potato and Kale Salad
- Sweet Potato Risotto
- Bacon Wrapped Sweet Potato Bites
- Turkey and Yam Spicy Tacos
- Yam Brownies
- Sweet Potato Smoothie
- Sweet Potato and Apple Casserole
- Sweet Potato and Acorn Squash Holiday Casserole

- Sweet Potato and Pineapple Casserole
- Island Sweet Potato Bake
- Chinese Sweet Potato Pudding
- Roasted Sweet Potatoes
- Avocado Stuffed Sweet Potatoes
- Sweet Potato Cranberry Bake
- Sweet Potato Waffles with Cranberry Maple Syrup
- Sweet Potato Biscuits
- Sweet Potato Pie
- Sweet Potato and Coconut Bread
- Sweet Potato Bread
- Sweet Potato, Pear and Pineapple Bread Pudding
- Pecan Sweet Potato Bread
- Sweet Potato Banana Bread
- Sweet Potato Hash
- Sweet Potato Scones
- Sweet Potato Pancakes
- Sweet Potato Hummus
- Sweet Potato Crackers
- Baked Sweet Potato Fries
- Sweet Potato Chili
- Curried Sweet Potato Salad
- Balsamic Glazed Sweet Potato Pasta
- Black Bean and Sweet Potato Burger
- Sweet Potato Falafel
- Whole Wheat Sweet Potato Gnocchi
- Sweet Potato Sushi
- Curried Lentils With Sweet Potatoes and Swiss Chard
- Sweet Potato Quesadillas
- Sweet Potato Chocolate Pudding
- Sweet Potato Cake Bites
- Sweet Potato Brownies

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Tessie Springfield:

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